

Standard Operating Procedure – COVID 19

Effective July 10, 2020 in Hastings County and July 13, 2020 in Northumberland County, the respective health units (HPEDHU and HKPRDHU) have issued instructions stating people entering a commercial establishment must wear a non-medical mask or face covering. As North Shore Reaching operates in both areas, this policy for staff and students will be in place until the health unit(s) declare otherwise.

North Shore Reaching is obligated to protect its staff and students from hazards associated with participation in sailing and the use of accommodations. North Shore Reaching will only book 1 student per course, or 2 students per course if both students reside in the same household. The decreased numbers of students per course will help maintain the physical distancing requirement.

- 1. Maintain physical distancing.** Physical distancing means maintaining a distance of at least 2 meters (6 feet) or more between persons.
- 2. Pre-screening** of staff and students for COVID 19 at the start of every course. Anyone showing signs or symptoms related to COVID 19 will not be permitted onboard and will not be permitted to start (or continue) the course.
- 3. Non-medical masks or face coverings must be worn in the common area below deck.** Masks and face coverings must cover the nose, mouth and chin. Masks are not required above deck, provided physical distancing can be maintained. Masks are not required when the student or staff are in their private quarters or in the head (washroom). Students may bring their own masks; North Shore Reaching can also provide washable cloth masks for individual use (the students will keep these masks).
- 4. Practice regular hand hygiene.** Hand sanitizer is provided onboard. Soap and water are also available for thorough handwashing.
- 5. Surfaces will be regularly cleaned and disinfected** during each sailing course and in between scheduled courses. A minimum of 24 hours will be scheduled in between courses to ensure thorough cleaning and disinfection of the boat and surfaces.